



# Precision Cheer!

with Tracy Tedesco at  
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## Winter Cheerleading Program 2019/2020

Welcome to the Precision Cheer Program at Fitness Made Fun! Our cheer program is designed to provide a fun AND competitive opportunity while staying here in Vermont. If you have further questions about our program, please feel free to reach out. Families with more than one child in our Cheer Program, we are pleased to offer a 5% sibling discount on the Program Fee ☺ Program Fees are due at the start of the season. Thank you so much!

### The Toddler Team (ages 2-4)

- Toddlers practice on Saturdays 10:00-11:00 am beginning December 7th.
- They will perform at the Central Vermont Cheerleading Competition (Keefe Gym) on February 1<sup>st</sup>.
- **The Toddler Program fee is \$99 which includes a hair bow.**
- Uniforms are \$30 (or less) if you are new or have grown! White sneakers please.

### The Competition Teams (ages 5 and up)

- We will have **placement practices** in November on . . . **Monday the 18<sup>th</sup>, Wednesday the 20<sup>th</sup> & Monday the 25<sup>th</sup>**. These days are also open to any possible interested participants to check it out!
- Full Team practices will begin the week of **Monday December 2<sup>nd</sup>**.
- Participants are most often placed by age . . . Mini Team age 5-8, Youth Team 9-11, Junior Team 12 and up **HOWEVER**, there are variables. Our focus is to put each child where they will best flourish.
- Practice attendance is expected, not optional. Practice days will be determined after the placement process is complete. Generally, practices are held on Mondays, Wednesdays and Fridays from 3:30 – 5:00. Saturdays and/or Sundays, may be necessary depending on the number of teams.
- Tumbling is recommended and is offered at a discounted rate congruent with our Winter Cheer Season. Class is on Thursdays from 4:30 to 5:30 running November 14<sup>th</sup> through February 13<sup>th</sup> for \$99.
- Event/Competition dates are . . .
  - 12/14 Cheer Clinic in St. Albans, VT ~ all day (great day for holiday shopping!)
  - February 1<sup>st</sup> Central Vermont Cheerleading Competition, Keefe Gym, Rutland, VT
  - February 8<sup>th</sup> Vermont Cheerleading Coaches Associations Competition, Missisquoi HS
  - February 9<sup>th</sup> End of Season Celebration and Awards
- **The cost of the Winter Season is \$229 which includes the Cheer Clinic, a bow and socks.**
- Uniform are \$35 for those that need them. Plain white sneakers please.

**Thank you for considering our cheer program, we look forward to working with you!**